Risks of Using Birth Control

**IMPLANT**
- Infection/Complication at Insertion or Removal: 0.1 women/1,000
- Accidental Pregnancy: 0.5 women/1,000

**IUD**
- Expulsion: 50 women/1,000 within the first year of use
- Pelvic Inflammatory Disease: 5 women/1,000 within the first 90 days after insertion
- Accidental Pregnancy: 8 women/1,000

**DEPO**
- Reversible Bone Loss: with quick recovery when stopped, and no increased risk of broken bones
- Accidental Pregnancy: 60 women/1,000

**THE PILL**
- Blood Clots: 1 woman/1,000
- Stroke: 0.2 women/1,000
- Heart Attack: 0.1 women/1,000
- Accidental Pregnancy: 90 women/1,000

Risks of NOT Using Birth Control

Without birth control, 90 in 100 young women will get pregnant each year.

And during pregnancy and birth, half will have a medical problem:

- C-section: 329 per 1,000 women/year
- Infection: 62 per 1,000 women/year
- Excessive Bleeding: 42 per 1,000 women/year
- Gestational Diabetes: 31 per 1,000 women/year
- High Blood Pressure: 39 per 1,000 women/year

If you’re like most people, you probably took a shower this morning, drove to work or school, or took an aspirin.

Like many other things in life, using birth control sometimes involves risk.

But, compared to other risks we face on a daily basis, the chance of experiencing a serious health complication from using a contraceptive is low.